



# BELVEDERE

## A Typical Week's Activity Programme at Belvedere

DAY	ACTIVITY MORNING	ACTIVITY AFTERNOON
Monday	REMINECENCE AND GAMES	MAY AND SAMMY ACCORDIAN
Tuesday	NEWSPAPER READING AND NAIL CARE	CHAIR EXERCISE AND HAIRDRESSING
Wednesday	INDOOR BOWLS	FILM
Thursday	QUIZ	MUSIC AND SONGS BY HARRY BISHOP
Friday	REMINESCENCE	GAMES AND MUSIC
Saturday	PAINTING AND COLOURING	CHURCH GROUP AND SINGING
Sunday	WALKS OUTSIDE HOME (WEATHER PERMITTING)	CHURCH SERVICE